

Forearm Rest HANDY, medium

Far superior support ergonomically to wrist/palm rests

Ergonomic benefits

- + HANDY Forearm Rests are ergonomically far superior to wrist rests because they give support to the whole Forearm, not only to the wrist.
- + Thanks to the centre hollows of the forearm rests, pregnant women find PC work much more comfortable using Forearm Rests than by needing to stretch out to support their arms on a desk



12002-06 Forearm Rest HANDY, medium, fabric cover, black

Other benefits

- + Padding makes the rests more comfortable than hard surfaces.
- + Additional desk space is gained since the rests are not integral with the desktops. HANDY can also be attached to fill desk corners.
- + Quick and easy attachment to desks - no tools necessary.
- + Attachable to all typical desktops, as well as to desks with frames beneath the edges – the attachment bows go under the frame.
- + Forearm Rest Handy is space saving, easy to install and fits to all desks.



Forearm Rest HANDY, medium

Environment-friendly materials

- + The wooden board used under the padding is made of FSC certified material. The Forest Stewardship Council certificate means that wood has been sourced in an environment-friendly, socially responsible and economically viable manner.
- + The steel of attachment bows is fully recyclable. The powder coating of attachment bows emits zero or near zero VOCs (volatile organic compounds).



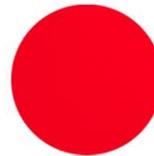
Beside black this model is available in above colours when covered with fabric.

Dimensions

- + 670 x 220 x 20 mm



Suitable desk thickness: with standard bows 20 –27 mm, with Z bows 14 –27 mm



Red



Dark Red
(Bordeaux)



Blue



Dark Blue
(Navy Blue)

Beside black this model is available in above colours when covered with fabric.

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Suitability of Handy with keyboards and mice

| Type | Width | Suitability with keyboards and mice |
|------------------------------|--------------|---|
| Basic Large | 670 mm | Full-size or mini keyboard + mouse |
| Basic Medium | 560 mm | Full-size keyboard alone or mini keyboard + mouse |
| Basic Small | 190 mm | Mouse |
| Small, with slide adjustment | 190 mm | Mouse |
| RollerMouse Red | 610 mm | RollerMouse Red + full-size or mini keyboard |
| RollerMouse Free 3 | 630 mm | RollerMouse Free 3 + full-size or mini keyboard |
| Asymmetric | 670 mm | Full-size or mini keyboard + mouse |
| Connected halves | 680 – 780 mm | Full-size or mini keyboard + mouse |
| Unconnected halves | 615 mm - ∞ | Full-size or mini keyboard + mouse |

Product codes

- + **12002-xx** Forearm Rest HANDY medium, fabric cover
- + **12003-06** Forearm Rest HANDY medium, artificial leather cover

In above codes xx according to colour:

- xx = 06 Black
- xx = 01 Red
- xx = 02 Dark Red (Bordeaux)
- xx = 04 Blue
- xx = 05 Dark Blue (Navy Blue)

3 year guarantee

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Accessory

- + 11203 Raised Mouse Mat UPLIFT 20 mm high



Upper photo where wrist is not on the same level with Forearm Rest – wrist bends.

Lower photo where wrist is raised to the same level with Forearm Rest – wrist does not bend.

